

# Beauty spot

All the tips, trends, tricks and products you need to know about this month



## Music might make you a millionaire but beauty can make you a billionaire

Suspicious of pop stars' spot in the market, **Body+Soul** beauty editor **Bree Player** puts their beauty brands to the test and asks the big questions

What's with all the pop stars launching make-up brands? In 2017, Rihanna launched Fenty, last year brought Rare Beauty by Selena Gomez, last month saw pop princess Ariana Grande launch R.E.M., while man of the moment Harry Styles recently sent social media platforms into a frenzy with his beauty brand Pleasing.

My first question is: how do they find the time? Surely number-one albums, shelves full of Grammys and sold-out world tours would keep the likes of Grande, Gomez and Styles busy enough. Rihanna has been very quiet on the music front since she launched Fenty, so it's evident her make-up (and lingerie) line is keeping her occupied. But Grande seems like a very busy woman. Perhaps she squeezes selecting eye-shadow shades and road-testing serum formulations between writing hit songs? My next question is: why? The sceptic in me thinks these celebs have witnessed the meteoric rise of Kylie Jenner's suite of cosmetic brands and decided they wanted a cut of the coin. After all, music

might make you a millionaire, but beauty can make you a billionaire.

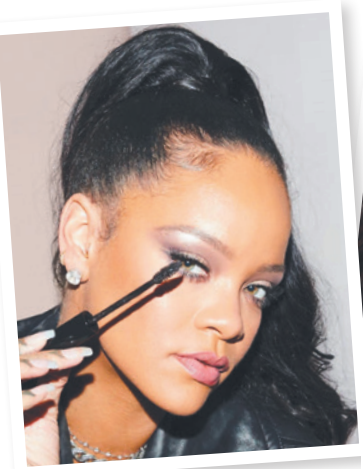
And finally, the big question: all four artists are on high rotation on my playlist, but do they deserve space in my beauty cabinet? Beauty addicts already know Fenty is a winner – from its massive and inclusive range of foundation shades to its Killawatt Freestyle Highlighter (which lives up to its name and is now a staple in my kit).

Rare Beauty reminds me of cool-girl brand Glossier, except you can actually buy Rare in Australia (at Sephora). As I run out of my dwindling Glossier stash from a pre-pandemic trip to Los Angeles, I've subbed in products from Gomez's collection and I'm one happy customer. Grande's R.E.M features highlighters inspired by the solar system and the iridescent lavender shade called Miss Neptune is my go-to this party season.

Securing any item from the first drop of Harry Styles' collection proved to be as difficult as scoring front-row seats at one of his concerts, but I persevered in the name of research... As if I wasn't going to buy myself (and my Kris Kringle) a nail polish by Mr Styles called Granny's Pink Pearls.

My final verdict is that while I'm sure big bucks and world domination might be the motivator behind all these music artist/make-up crossovers, they're all savvy enough to know that quality is paramount. So, if you want to indulge your inner fangirl, I say go for it. •

**ON SONG** (clockwise from top left) Ariana Grande for R.E.M.; Harry Styles (also right) recently launched Pleasing; Selena Gomez for Rare Beauty; Rihanna modelling Fenty.



### GET THE LOOK



**MEGHAN MARKLE'S CHIC BALLET BUN**

Hairstylist Anthony Nader, creative director of Sydney's Raw Salon, explains how to achieve the chic up-do in four simple steps

- 1 Skip the shampooing for this style as natural day-old hair works better for extra grip. Divide the hair into four even sections, then take one-inch sections from the nape area and iron it straight from roots to ends. Apply this method all the way from the back of the head, working to the two front sections.
- 2 Now that your strands are frizz-free and beautifully straight, spritz your hair all over with a shine spray, then brush upwards and secure a ponytail just below your crown.
- 3 Make sure the tail is super smooth here by gliding your brush from the base of the tail, and add more spray if you want a more high-voltage sheen.
- 4 In one clean sweep, wrap the tail around the base of your ponytail and tuck the ends under so they disappear, pop in a few bobby pins to secure it in place and you're good to go.



Orbe Après Beach Wave And Shine Spray, \$62, shop.rawhair.com.au

**EXPERT TIP** If you have stubborn shorter strands around your face that don't want to behave, use a light spritz of hairspray on the tip of an old blusher brush to glide over the troublesome areas. This is my favourite trick as it really means business and will help your look last all night long.

PHOTOGRAPHY: GETTY IMAGES; INSTAGRAM: @SELENAGOMEZ, @PLEASING.COM. SOME PRICES SUBJECT TO EXCHANGE-RATE FLUCTUATIONS. \*LASER CLINICS' EXCLUSIVITY PERTAINS TO PROVIDERS WITH A NETWORK OF 10 OR MORE CLINICS.

### STOCKING STUFFERS

For your sister, best friend, office Kris Kringle – or you!



Ultra Violette Vi's Got a Sensitive Side Mineral Skinscreen Duo, \$26, ultraviolette.com.au

Lush Snow Fairy Bath Bomb, \$9.95, lush.com/au



Frank Body Marshmallow Lip Duo Kit, \$24.95, mecca.com.au

Stila Triple Play Stay All Day Liquid Lipstick & Eye Liner Set, \$40, mecca.com.au



Sol de Janeiro Holiday Edition Biggie Biggie Bum Bum Cream, \$118, mecca.com.au



M.A.C Step Bright Up Extra Dimension Skinfinish Palette, \$79, maccosmetics.com.au



Rare Beauty Soft Pinch Liquid Blush, \$34, sephora.com.au

### BE SENSIBLE THIS SILLY SEASON

Eat, drink and be merry, and then balance out all of that indulgence with these little beauties



Wanderlust Ashwagandha, \$39.99, wanderlust.com.au; always read the label; use only as directed.

'Tis the season for family and with that often comes tension. This liquid herbal extract can help your body adapt to stress and calm your nerves.

Long lunches and late nights can leave your complexion looking tired and lacklustre. The secret weapon to maintain your glow through the party season is a few drops of this blend of super oils and bakuchiol, a natural retinol alternative.



JSHealth Luminous Vitamin Oil, \$59.99, jshealthvitamins.com

Still need gift inspiration? We share our pick of the best cult beauty sets at

Body+Soul.com.au



### ASK THE EXPERT HOW CAN I GET GLOWING SKIN FOR SUMMER?

Dr Jonathan Hopkirk, global medical director of the Laser Clinics group, gives his advice on how to shine this party season

Sun, salt water, sweat and humidity can wreak havoc on your skin, leaving it congested, dehydrated and a little lacklustre.

Dr Roebuck's AquaFacial is the perfect summer skin companion as it not only hydrates but also exfoliates and nourishes skin, which is especially important after a long day in the sun.

The world's first "clean" hydrodermabrasion treatment,

the AquaFacial is designed to cleanse, exfoliate and hydrate the skin. It is suitable for any skin type and can be tailored to individuals' skin concerns.

The six-step tailored AquaFacial treatment pairs clean, botanical ingredients with high-velocity suction to extract dead skin cells and clear clogged pores, congestion and blackheads.

Clients can expect to see an immediate boost in hydration, clarity and radiance of the skin. There's no downtime required, so make-up can be applied after treatment, however, we

recommend showing off your beautiful, fresh and glowing skin.

It's important to have a skincare routine with professional-grade products to prolong the benefits of Dr Roebuck's AquaFacial. Daily cleansing, correcting, hydrating and protecting is vital to extend your summer glow and banish congestion and dullness. Dr Roebuck's AquaFacial is exclusive to Laser Clinics Australia. To book a complimentary consultation with a Laser Clinics Australia therapist\*, or to learn more about the tailored AquaFacial treatments, visit laserclinics.com.au.